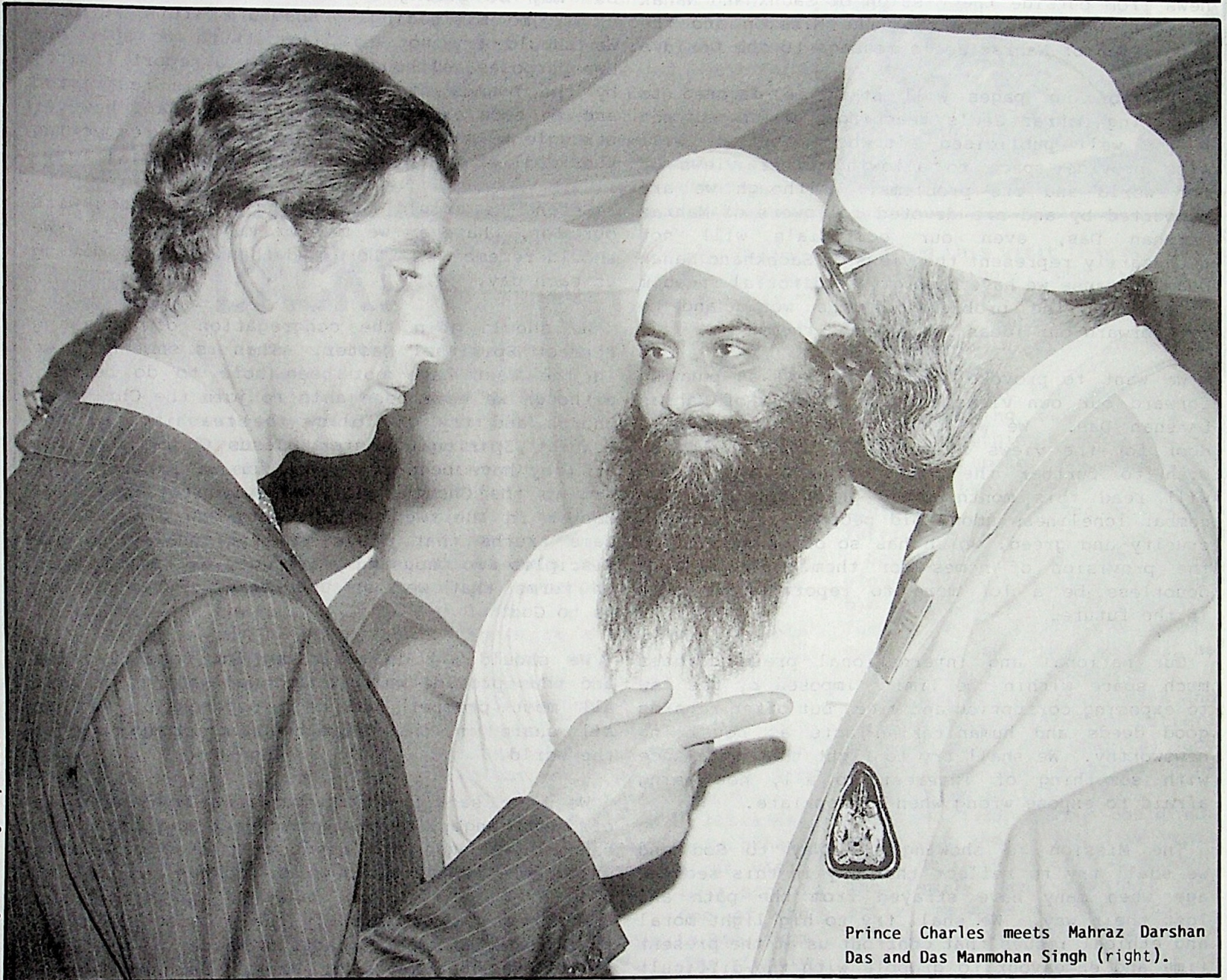


NANAK DHAM

Sunday 18th October 1987

A ROYAL MEETING



Prince Charles meets Mahraz Darshan Das and Das Manmohan Singh (right).

Courtesy of Daily Express.

In the wake of chaos in the south of England caused by hurricane force winds Prince Charles met Mahraz Darshan Das last Friday.

The Prince of Wales had formally opened the 1000th Abbeyfield Society house for elderly people and met the residents, when leaders of various religious, civil and political organisations were introduced to him.

Most people in the south of England will remember Friday, 16th October 1987, as the day when the strongest winds were ever recorded there. By 4 am whole of London was without electricity. Trains were stopped and people could not travel to work with fallen trees blocking the roads.

The Home Secretary, Douglas Hurd, described it as "the most widespread night of disaster in the south-east of England since 1945."

The storm was over when Prince Charles met the residents and their housekeeper in the Abbeyfield Camberwell Society three-storey house in south-east London, in which there are eight bed-sitting rooms.

In our next issue we will report how Sachkhand Nanak Dham is becoming involved with the Abbeyfield Society.



Prince Charles meets residents in the Abbeyfield Camberwell Society house.

Courtesy of Associated Press.

NANAK DHAM

Mahraz Darshan Das has asked that our Nanak Dham Newsletter should become a newspaper covering news from outside the Mission of Sachkhand Nanak Dham as well as news from the Mission and the exposition of Mahraz Jee's message to the world

Many of our pages will still be devoted to reporting Mahraz Jee's teachings, which may not be so well publicised elsewhere, but we will also provide space to allowing other views of the world and its problems. Although we are supported by and are devoted followers of Mahraz Darshan Das, even our editorials will not necessarily represent the views of Sachkhand Nanak Dham, because we have been given editorial freedom to explore the problems of the world and to put forward our ideas for solving them.

We want to provoke debate, as well as putting forward our own views and the answers of Mahraz Darshan Das. We will try to maintain an open door for the views of people of good will, who wish to further the cause of humanity. You will read this month about practical steps to combat loneliness among old people free from the cruelty and greed, which has so often crept into the provision of homes for them. There will doubtless be a lot more to report about this in the future.

Our national and international press devotes much space within the limits imposed by the law to exposing corruption and vice, but often regards good deeds and humanitarian acts as not being newsworthy. We shall try to right that imbalance with something of interest to all, not being afraid to expose wrong when appropriate.

The Mission is showing the Way to God and we shall try to reflect that Way in this secular age when many have strayed from the path and lost their way. We shall try to highlight moral and ethical issues that confront us at the present time and endeavour to grapple with the difficult problems that sometimes seem almost insoluble to us as individuals. If you think you have something that you can contribute to our pages please let us know. We want to hear from you.

The principles of Das Dharam.

As we go forward with the aim of spreading God's message to the modern world, it is appropriate to remind ourselves of the five fundamental principles of our promise to God, which in Indian languages we call Das Dharam, as expounded by Mahraz Darshan Das.

The first principle is always to speak the truth. Many people claim to proclaim the truth, but may be giving such a limited aspect of it as to be misleading. Absolute Truth is God. We should try not to limit truth to suit our own purposes, although naturally a report limited by the bounds of time and space is restricted and to some extent selective. We shall however

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Second we should be personally contented with our lot, whatever we may or may not have. We should remember the Lord and thank Him for giving us each day.

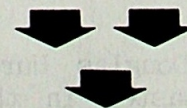
We should join the congregation of a living Perfect Spiritual Master. This is something we in the West have not been able to do before, although we have been able to join the Christian Church and try to follow the teachings of the Perfect Spiritual Master, Jesus Christ, so far as they have been preserved for us in the Bible and in the Church. A living Perfect Spiritual Master in the twentieth century can give us the same truths that Jesus gave personally to His disciples two thousand years ago, explaining them in terms that we can understand and directing us to God.

We should all do something for somebody else and thus provide welfare and well-being for all. All must prosper and be prosperous. We can all share in the abundance and prosperity of the world.

We must sacrifice our passions and instincts of lust, anger, greed, attachment and ego. Our bad habits and evil deeds must stop to enable us to achieve the goals which God has set us.

For most of us possibly the biggest sacrifice that we must make to attain peace of mind and follow the teachings of Mahraz Darshan Das is that we must not eat any form of meat, fish, fowl or eggs and abstain from consuming alcohol and drugs, unless properly prescribed by a doctor. For most people this is a revolution.

Many people in the Mission can testify how this revolution can be achieved with the help of Mahraz Darshan Das and how we can live life more abundantly than we have ever dared to believe was possible.



Contact with news.

If you have news that you think we should report or investigate, please let us know and contact us by telephoning 01-515-7456.

HARVEST PARTY

A good harvest means food for all, a time for celebration and thanks.

Many people celebrate harvest time in autumn with a church service giving thanks for food gathered for the coming year.

Food is often donated and distributed after the service to those in need.

Children from Sachkhand Nanak Dham celebrated harvest time in their own way on Sunday, 4th October. They took bread, fruit, home-made cakes and a variety of produce to Edward Moore House, a residential home for the elderly in Gravesend. The children spend time chatting to the residents and posed for photographs with each one in turn. Their harvest



celebration was one their regular weekly visits made to the home as part of the Gravesend Sunday School programme of Sachkhand Nanak Dham. Each week the children spend an hour putting into practice one of the aims of the School, which is to encourage service to others.

COME BACK!

said, "I gave the same letter, the fourth one by now, to a professor at Alder Hey Hospital in Liverpool. He was a children's specialist and psychologist. He read the case carefully and as a result Sanjay was sent for a brain scan."

But again the result was the same. There was no evidence at all that there was anything wrong with Sanjay. A hospital doctor said to Manmohani, "There's nothing wrong with him. He is pretending. You must put your foot down."

The headmaster at Sanjay's school said to Manmohani, "You are too lenient with him. That is why he is spoiled." Manmohani cried. Sanjay could not even write his name.

Not knowing where to turn, Manmohani wrote a letter to a local councillor. She pleaded for his help. "For God's sake help me," she wrote.

His response was quick. He contacted her doctor for details of her son's condition. But when he read the report his conclusion was the same.

Manmohani said, "An assistant councillor said to me, 'We are not God. Doctors are only trying their best. I'm sorry but we can't do much about it'."

The family went to many temples. There were people there who also said there was nothing wrong with Sanjay. Still nothing changed.

Manmohani said, "I believed in Lord Krishna. I had a picture of him in my home. I stood in front of him and said, 'Wherever you are, come and help me now. I have lost all hope. I don't know where to go'."

She said, "We suffered so terribly. One day my husband

said, "Please God help us. Either take him or come and see him. We don't know what to do'." Manmohani said, "I will never forget that day."

Not so long after that the family went to the temple in Liverpool. Manmohani made a promise that they would hold a ceremony in the temple. "We invited all our relations for dinner," she said.

One of their guests, Abhiamanu's cousin, Mohinderpal of Wolverhampton gave them hope at last.

"There is a man who can help you," he said. "He is in Birmingham. Go and see him as soon as you can."

Manmohani said, "We'll go. Wherever there is anyone who can help my son, we'll go to him - only for Sanjay's sake."

So Manmohani and Abhiamanu brought their son to Sachkhand Nanak Dham. Their first visit was a meeting held in a school in Wolverhampton. One of the Baba Jees, Baba Ghasita Ram, from India was there. The family listened to the singing, but Manmohani was too shy to approach the Baba Jee about her son.

Baba Ghasita Ram said to her that day, "I know that you believe in God and that you enjoyed the kirtan, but when you believe that your son can be healed here, then come back."

"Everyone can get something from Sachkhand Nanak Dham."

Manmohani continued, "The second time we came to Sachkhand Nanak Dham, we came to the Dera. When we walked in, we felt peace of mind. We saw Mahraz Jee's photograph. I liked the look of this man. I thought, 'He is really someone'. I felt just by looking at the photograph that he could help us."

During this visit they met Baba Karnail Singh, who in turn encouraged the family and blessed Sanjay. Subsequent visits brought them in touch with Mahraz Darshan Das. At one meeting Mahraz Jee said that Sanjay will start speaking again and will reveal everything himself to you.

Sanjay spoke non-stop for almost two hours, laughs Abhiamanu, remembering that fateful day.

Sanjay was only four stone eleven ounces. Baba Jee gave him prashad and instructed his family to let him bathe at the Dera. "He will get better," he said. "Don't lose heart."

The family came every week and changes began for the better. He was still in hospital and coming home for weekends. He always came to the Dera.

At one time Sanjay could not write his name. Now five years later he is doing well at school. The family are committed and active members of the Mission. Abhiamanu Chaddah has been President of the Liverpool Committee of Sachkhand Nanak Dham for five years now.

Manmohani said, "Many people came after us because they saw the difference in Sanjay. We have Satsangs every fortnight in Liverpool now."

Sanjay added, "I do duty at the Satsangs in Liverpool. Mahraz Jee has given me new life. I have asked Mahraz Jee and He has said that when I'm a certain age, I'll be given more to do in the Mission."

Happy now, Manmohani says, "We are very lucky to have met Mahraz Jee. We want to share what we have experienced and we are happy to do His duty. If my son can be better from what he was, then everyone can get something from Sachkhand Nanak Dham."

WHEN YOU BELIEVE, COME BACK!

Severe illness in the family is always hard to bear.

When a family knows what it is fighting however, it can draw together and in its own way fight for the survival of its loved one.

The support of those the family turns to for help can give some comfort too.

But mother, Manmohani Chaddah, had to manage without either of these things. She and her husband faced not only a sudden, severe and terrifying deterioration in their son that no one could explain, but many people doubted that their son was genuinely suffering anyway.

In 1981 when he was ten years old Sanjay Chaddah of St. Helens, near Liverpool, began experiencing intense pain in his abdomen for no apparent reason and later lost his memory of what he had been doing.

Within weeks he was in hospital. The next year or so were a nightmare for Manmohani and her husband, Abhiamanu. They watched their son change for the worse day by day. At one point he could not walk, eat or even move. He lost his memory completely and could not even remember his name.

But on top of this terrible suffering was the shame of being told many times by various doctors that there was nothing wrong with Sanjay and that he therefore must be pretending. They lived in a world of isolation, loneliness and pain.

The attempted treatments were many and varied. Sanjay had his appendix out first. But his condition continued to deteriorate. Over the next year or so he was in and out of half a dozen hospitals. He had brain scans, lumbar punctures and blood tests. The doctors could not find any explanation for his condition.

In desperation Manmohani wrote to the hospital. She said, "If it was your son, what would you do?"

She was sent with her son to a bone specialist. They lifted his legs high with weights for a week.



Baba Karnail Singh Jee blessing Sanjay in 1982.

"He was no different," said Manmohani. "The pain spread. He lost his memory and cried in agony."

He went back to hospital, but there was still no name given to the illness to explain what

was wrong. When Manmohani found out that he had been given pain killers, she asked for a second opinion.

The family was sent to a different hospital. Manmohani

continued on page 3

UPDATE

SANGRAND

Monday 16th November 1987

HAZUR MAHRAZ JEE'S SATSANG

EVERY MONDAY

Trinity Hall
East Avenue
EAST HAM

EVERY WEDNESDAY

Dormers Wells
High School
Dormers Well Lane
SOUTHALL

EVERY SATURDAY

11 Church Hill Road
Handsworth
BIRMINGHAM

EVERY TUESDAY

Free Mason Hall
Balmoral Road
(Near Railway Station)
Gillingham
KENT

EVERY THURSDAY

Brettenham
Junior School
Ascot Road
EDMONTON

If you require further details
contact: 01-571 2017
021-554 2422

Letters on all topics are welcome. Please keep them short.

The name and address of the sender must be included, though not necessarily for publication.

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